



910 McGill Road – Tournament Capital Centre  
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 Register Online Today!

## RECREATIONAL PROGRAMS 2009 - 2010

6 + years (must be in Grade 1)

### Session 2: Jan 4 – June 26

*All programs are co-ed unless otherwise noted.*

*Programs will be pro-rated from date of registration.*









**Gym Closures:**

*Feb 26<sup>th</sup> – 28<sup>th</sup> (Wild West Fest)*

*April 2<sup>nd</sup> – 5<sup>th</sup> (Easter)*

*May 22<sup>nd</sup> – 30<sup>th</sup> (2010 Canadian Gymnastics Championships)*

\*\*\* All Participants must pay a \$25 Registration/Insurance Fee (valid Sept 1 – Aug 31)

	Program:	Mon	Tues	Wed	Thurs	Fri	Sat
 \$343.92	COOL CRICKETS Beginner Gymnastics	5 – 6:30 pm 6:30 – 8 pm		3:30 – 5 Boys 3:30 – 5 pm 5 – 6:30 pm 6:30 – 8 pm		3:30 – 5 pm 5 – 6:30 pm	9 – 10:30 am 10:30 – noon
 \$343.92	GROOVY GRASSHOPERS Intermediate Gymnastics (Coach Invite Only)	5 – 6:30 pm 6:30 – 8 pm	3:30 – 5 pm	3:30 – 5 pm 5 – 6:30 Boys 5 – 6:30 pm 6:30 – 8 pm	4:30 – 6 pm	3:30 – 5 pm 5 – 6:30 pm	9 – 10:30 am 10:30 – noon
 \$444.96	FLIPPING FROGS Advanced Level 1 Gymnastics (Coach Invite Only)		6 – 8 pm		6 – 8 pm		
 \$444.96	MARVELOUS MONKEYS Advanced Level 2 (Coach Invite Only)				6 – 8 pm		
 \$343.92	KICKING KANGAROOS Level 1 Trampoline	3:30 – 5 pm		6:30 – 8 pm		3:30 – 5 pm	9 – 10:30 am
 \$343.92	KICKING KANGAROOS Level 2 Trampoline (Coach Invite Only)	3:30 – 5 pm 7 – 8:30 (10+yrs)					10:30 – noon
 \$444.96	KICKING KANGAROOS Level 3 Trampoline (Coach Invite Only)			5 – 7 pm			
 \$343.92	RECREATIONAL CHEERLEADING Girls Only 7 – 14 yrs (reg/insurance fee \$65)			6 – 7:30pm			
TEEN Program 13 – 18 yrs	\$71.65 for 5 weeks PRE- Registration required	8 – 9:30 pm					
Parkour Fitness Program 13+ yrs	\$71.65 for 5 weeks Pre-Registration Required	8 – 9:30pm				8 – 9:30 pm	

**WHAT TO WEAR:** soft clothing only, preferably closer fitting, and shorts/pants that fit at the waist.

(It is very difficult for kids to move with oversized clothing on and this can create safety issues!)

**REFUND POLICY: NO REFUNDS** after 3 weeks in a program. Registration/Insurance/Membership Fee is **NON-REFUNDABLE**.